Dear (*the name of your MP*)

My name is (*your address*), and my address is (*your address*).

I am writing to you as my local constituency MP regarding epilepsy mortality - including SUDEP (Sudden Unexpected Death in Epilepsy).

Epilepsy mortality affects people with epilepsy of all ages, but particularly the young. SUDEP can occur at any time and for no reason.

In spite of this, the risk of SUDEP is rarely discussed with patients and there continues to be over 1000 epilepsy-related deaths every year.

*(Optional)* I have personal reasons for why this issue is important to me… *this is your place to share your story, if you wish.*

SUDEP Action is the national charity leading campaigns to raise awareness and improve education about epilepsy mortality. The charity has established the national Epilepsy Deaths Register to record details of epilepsy deaths, offers representation to people affected by epilepsy mortality, and gives support to bereaved families.

**Please sign EDMs 114 and 115 to show your support for the work of SUDEP Action, raise awareness of the Epilepsy Deaths Register, and help us save lives in the future.**

Thank you for your support, and for sharing our commitment to bringing an end to unnecessary epilepsy deaths.

Yours sincerely,